



30th ANNIVERSARY



GOODWILL TAEKWONDO CHAMPIONSHIP

DECEMBER 14, 2024 • 10AM

GENERAL ADMISSION \$15 • CHILDREN 4 & UNDER FREE

REGISTER NOW

EARLY REGISTRATION DEADLINE 12/07/24

ALL STYLES WELCOME

KARATE • KENPO • TAEKWONDO • KUK SOOL WON • KAJUKENPO • KUNG FU • HAPKIDO

SCHEDULE OF EVENTS:

9AM

REFEREE MEETING/LATE
REGISTRATION

10AM

BLACK BELTS & BLACK BELT
CANDIDATES
POOMSAE/KATA & SPARRING

12PM

WEAPONS, RAPID KICK,
COMBAT WEAPONS, BOARD
BREAKING, PAIRS POOMSAE,
TAG TEAM SPARRING

2PM

ALL COLOR BELTS
POOMSAE/KATA & SPARRING

**ASK YOUR INSTRUCTOR
FOR MORE INFORMATION**

WEBSITE: WWW.MATOURNAMENTS.COM
CALL OR TEXT: 916-288-9830

MANDATORY PROTECTION EQUIPMENT:

- Head Gear
- Foot pads (dipped foam only)
- Hand pads (dipped foam only)
- Groin protector
- Mouth piece
- Chest protector

*All competitors must wear
acceptable martial arts
uniforms!*



DIVISIONS:

- Poomsae/Kata
- Point Sparring
- Weapons
- Rapid Kick
- Board Breaking
- Combat Weapons
- Tag Team Sparring
- Pairs Poomsae



LOCATION:

Foothill High School

5000 McCloud Dr, Sacramento, CA 95842

1st, 2nd, 3rd Place Awards

In All Divisions

